



SIGN UP FOR VOLUNTEER OPPORTUNITIES AT THE CO-OP

The Co-op runs on volunteer power from its members! Members are encouraged to volunteer for at least two hours each year with the Co-op through any of these monthly opportunities.

Please check any activities that interest you or call Katherine at (801) 746-7878 to sign up! Please call if you want to help in a way not listed here.

I'M NEW! CALL AND HELP ME PICK!

DISTRIBUTION DAY: This is our big day! Come to our warehouse on Saturday, Jan. 21st to help count and load food.

6:30-9:30am 9:00-11:00am

HOME DELIVERY: Deliver to homebound members near your site on Distribution Day. Usually takes less than an hour.

I like helping people!

MONDAY MARKET SALES:

Help out at one of the Monday Market Sales at the Co-op warehouse. You'll help set up and take down the sale, and help customers during the sales. See our Monday Market page for dates and times:

foodco-op.net/monday_market

Noon-2:45pm (setup) 2:45pm-5pm
 5pm-7pm

OFFICE: Assist us at the Co-op office with telephone and other office duties.

Take phone orders, Jan 4th - 6th.

Prepare team packets, Jan. 18th - 21st.

Answer phones during staff meeting, Tuesdays, 10-Noon.

OUTREACH: Help spread the word about the Co-op at fairs, festivals, and other community events. Availability:

M-F (day) M-F (eve)

Weekends Anytime!

PRE-BUILDS: Come to our warehouse on Friday, January 20th (1-3pm) to prebuild some team orders.

Sounds like fun! I'll be there!

TEAM SITE: Help your team site on Distribution Day. Staff a check-in/check-out station, help load and unload, and pick up food from the warehouse.

I'd love to help my team!

I can help at a sister site in need.

Order Deadline: Fri., January 6th
Distribution Day: Sat., January 21st

JANUARY 2012 ORDER FORM

Name: _____ Team (pick-up) site: _____

Address: _____ City: _____ Zip: _____

E-mail: _____ Telephone: _____

I am homebound and request delivery. My contact info has changed.

SHARES	Price	Qty	Total
Standard Share • 1 Produce Share • 2 lbs. Ground Beef (85/15) • 2 lbs. Chicken Breast • 1 lb. Sliced Bacon • 1 loaf Stoneground Honey Wheat Bread (sliced) <i>boxed together</i>	\$24.00		
Produce Share (3 varieties fresh fruit, 5 varieties fresh veggies)	\$10.00		
MEAT			
Main Street's Lean Ground Beef (1 lb., 85/15)	\$2.70		
Palace Meat's Chicken Thighs (2 lbs.)	\$2.60		
Main Street's New York Steaks (2x10oz., USDA Choice)	\$9.15		
Main Street's Pork Loin Roast (2 lbs., boneless)	\$5.75		
Blue Tree's Local Grass-fed Beef Box (6-8 lbs., assorted cuts) <i>Support a Utah rancher!</i>	\$39.00		
Colosimos' Bratwurst (16 oz.)	\$3.75		
Daily's Sliced Bacon (1 lb.)	\$2.40		
Miss Essie's BBQ Pulled Pork (2 lbs.)	\$5.95		
Chaparros' Pork Tamales (5x5oz. tamales)	\$5.60		
OTHER SELECTIONS			
Nutty Guys' Snack Sampler • 1 lb Swiss Trail Mix • 1 lb Dried Mango • 1 lb Almonds* • 1 lb Butter Toffee Peanuts * roasted and salted	\$14.40		
Stone Ground's Honey Wheat Bread (sliced)	\$2.80		
Jones Bees' Local Honey (2 lbs.)	\$7.70		
Stone Ground's German Rye Bread	\$2.10		
Aptera's Extra-virgin Olive Oil (34 oz.)	\$10.50		
Nutty Guys' Natural Peanut Butter (32 oz.)	\$4.70		
Shepherd's Dairy All-natural Jalapeno Cheese Curd (12 oz.) <i>The squeaky cheese you love, with a bit more kick.</i>	\$4.85		
Farnsworth's Fresh-pressed Apple Cider (1/2 gallon) <i>Just add heat for a winter morning treat.</i>	\$3.00		
Millcreek Coffee Co-op Blend Coffee (Central American) <i>16 oz., dark roast, ground</i>	\$10.80		
Millcreek Coffee White Mountain Coffeee (Central American) <i>16 oz., medium/light roast, whole bean</i>	\$10.85		
Crossroads' Donation Share (charitable donation) <i>Crossroads Urban Center will give fresh fruits and veggies to a needy family.</i>	\$10.00		
I want to be a member! Here is my lifetime contribution. <input type="checkbox"/> \$50 <input type="checkbox"/> \$20 <input type="checkbox"/> \$10 <input type="checkbox"/> \$5 <input type="checkbox"/> Other	Suggested \$5 minimum		
Payment: (Please make checks payable to Crossroads Urban Center) Credit Card #: _____ Expiration: _____ <input type="checkbox"/> Visa <input type="checkbox"/> Mastercard <input type="checkbox"/> Check/Money Order <input type="checkbox"/> Amex <input type="checkbox"/> Discover <input type="checkbox"/> Horizon Card Gift Certificate Redemption Codes (print legibly): _____	Credit - Total* \$ * \$10 minimum order		

The fine print: It is your responsibility to inspect your order before you leave the team site, even if the order is pre-boxed. If your order is damaged, short or below your standard of quality, please report it to your team leader before leaving the site. You will receive a credit on your next order. **Credits will only be issued for shortages reported to your team leader at the team site on Delivery Day.**

